

# Using parametric splines and Fourier series for seasonal effects

2024-03-18

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- Using parametric splines for piece-wise polynomial curves
- and Fourier series for seasonal effects

Data set simulates data from Statistics Canada NPHS from 1994 to 2011. Participants were surveyed every 2 years for up to 7 occasions.

Some participants happened to give birth during the study but since data was collected every two years there was little data on individual longitudinal sleep patterns before and after birth.

However, using mixed models with a parametric model for sleep behaviour before and after birth, it's possible to 'stitch' trajectories together to get a picture of individual predicted sleep trajectories.

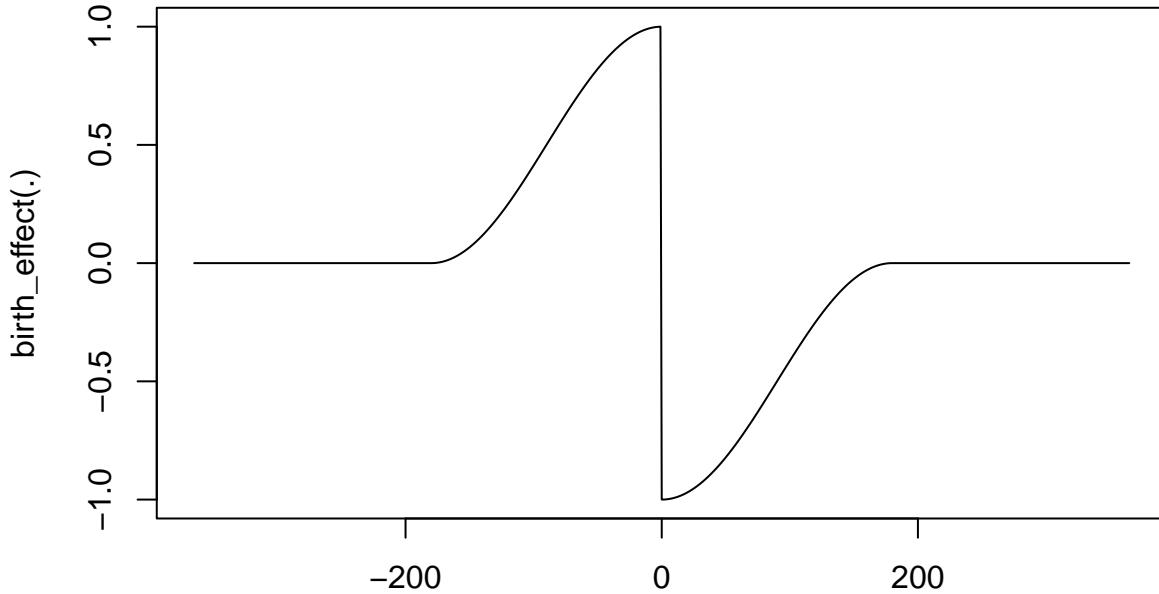
```
library(spida2)
library(nlme)
```

```
Attaching package: 'nlme'
The following object is masked from 'package:spida2':
  getData
library(latticeExtra)
```

```
Loading required package: lattice
```

Hypothetical perinatal 'birth effect' on maternal sleep relative to days before and after birth.

```
birth_effect <- function(d, plus = 1, minus = 1) {
  ifelse(d < -180, 0,
    ifelse(d < 0, plus * (.5 -.5 * cos(pi*(d+180)/180)),
      ifelse(d < 180, -minus * (.5 -.5 * cos(pi*(d+180)/180)), 0)
    )
  )
}
# test
seq(-365,365) %>% plot(., birth_effect(.), type = 'l')
```



Generate a data set

Note that many women in the NPHS gave birth more than once. Here there is only one birth recorded per person.

```
# sample(100000, 1)
{
  set.seed(4728)
  Nid <- 1000      # number of subjects
  Nobs <- 7        # observations per subject

  expand.grid(id = 1:Nid, obs = 1:Nobs) %>% # basic skeleton for data set
  within(
  {
    # date id registered
    reg_date <- sample(Nobs * 365, Nid, replace = TRUE)[id] # generating one value per id

    # dates id observed (approx every 2 years)
    date <- reg_date + obs*2*365 + sample(365, length(id), replace = TRUE) # generating one value per id

    birth_date <- reg_date + sample(365*14, Nid, replace = TRUE)[id]           # date giving birth

    ..plus <- runif(Nid)[id]          # extra sleep pre birth
    ..minus <- runif(Nid)[id]         # less sleep after birth
    ..birth_effect <- birth_effect( date - birth_date, ..plus, ..minus)

    ..seasonal <- .5 * cos(2*pi*(date-30)/365)
    ..sd_between <- 1
    ..sd_within <- .5

    sleep <- 8 + ..sd_between * rnorm(Nid)[id] + ..sd_within * rnorm(id) +
      ..birth_effect + ..seasonal
  }
)
```

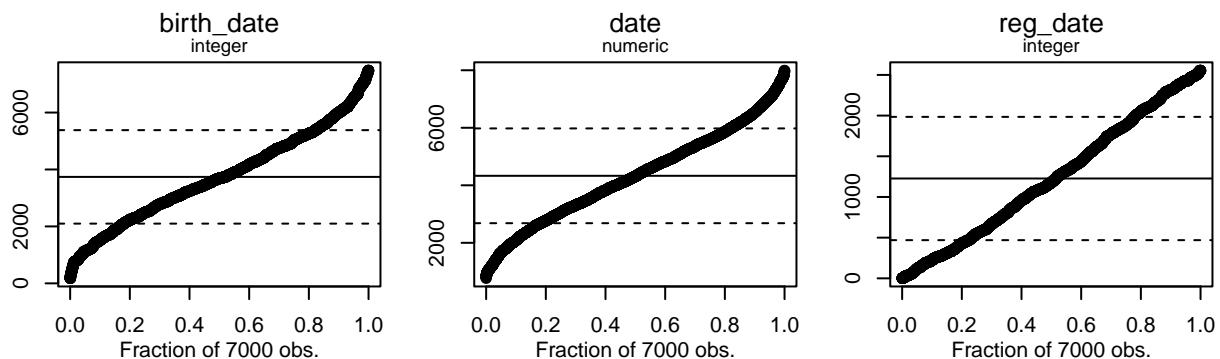
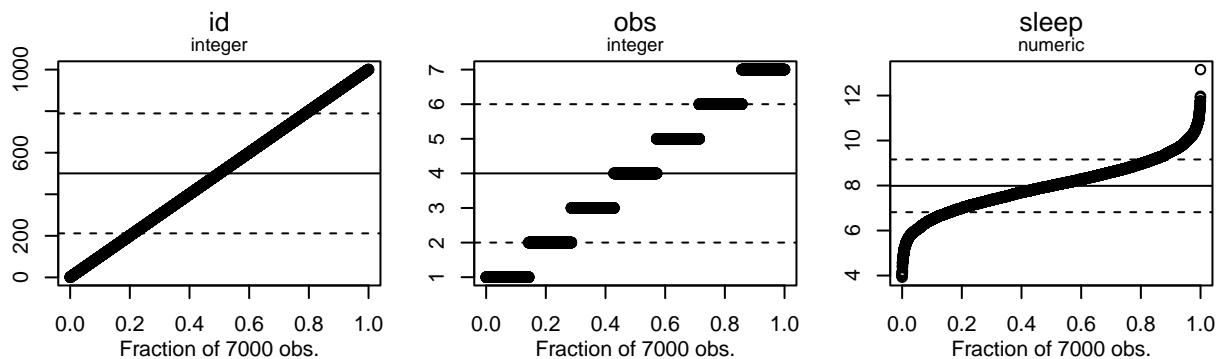
```

..plus <- ..minus <- ..birth_effect <- ..seasonal <- ..sd_between <- ..sd_within <- NULL
}
) %>%
sortdf(~id/date) -> dd
}
head(dd)

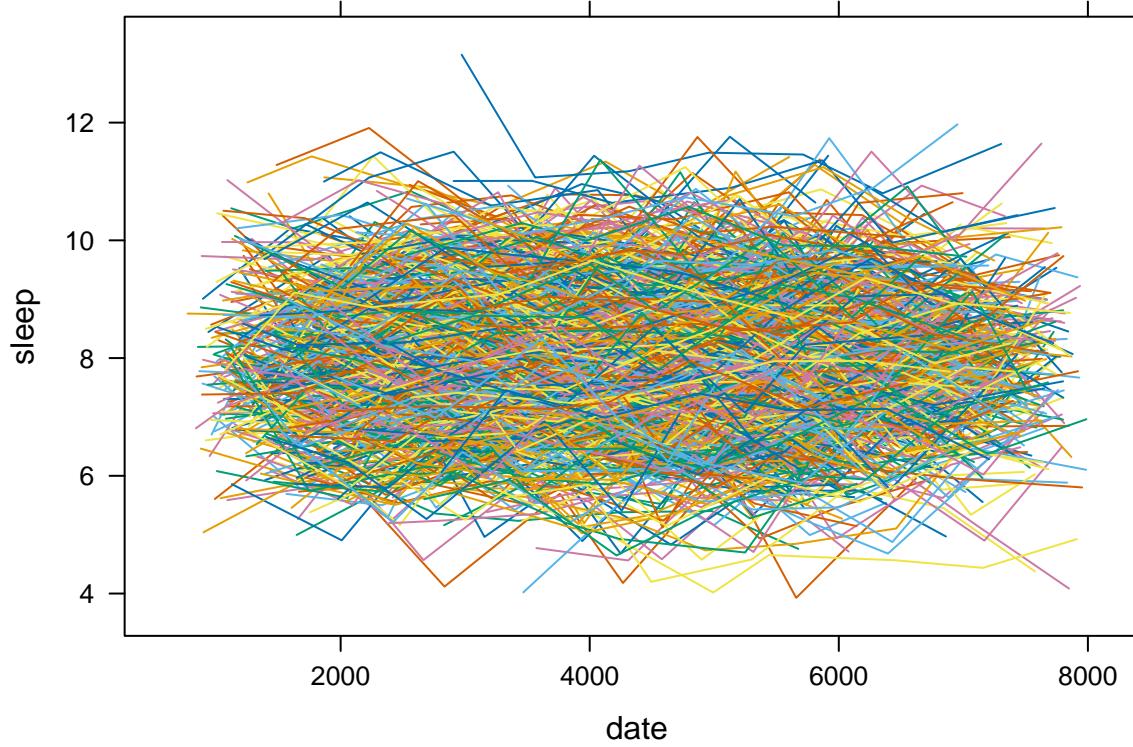
```

	id	obs	sleep	birth_date	date	reg_date
1	1	1	7.088871	5298	1197	288
1001	1	2	7.336316	5298	1891	288
2001	1	3	7.909879	5298	2655	288
3001	1	4	7.489981	5298	3441	288
4001	1	5	7.087731	5298	4084	288
5001	1	6	6.920117	5298	4893	288

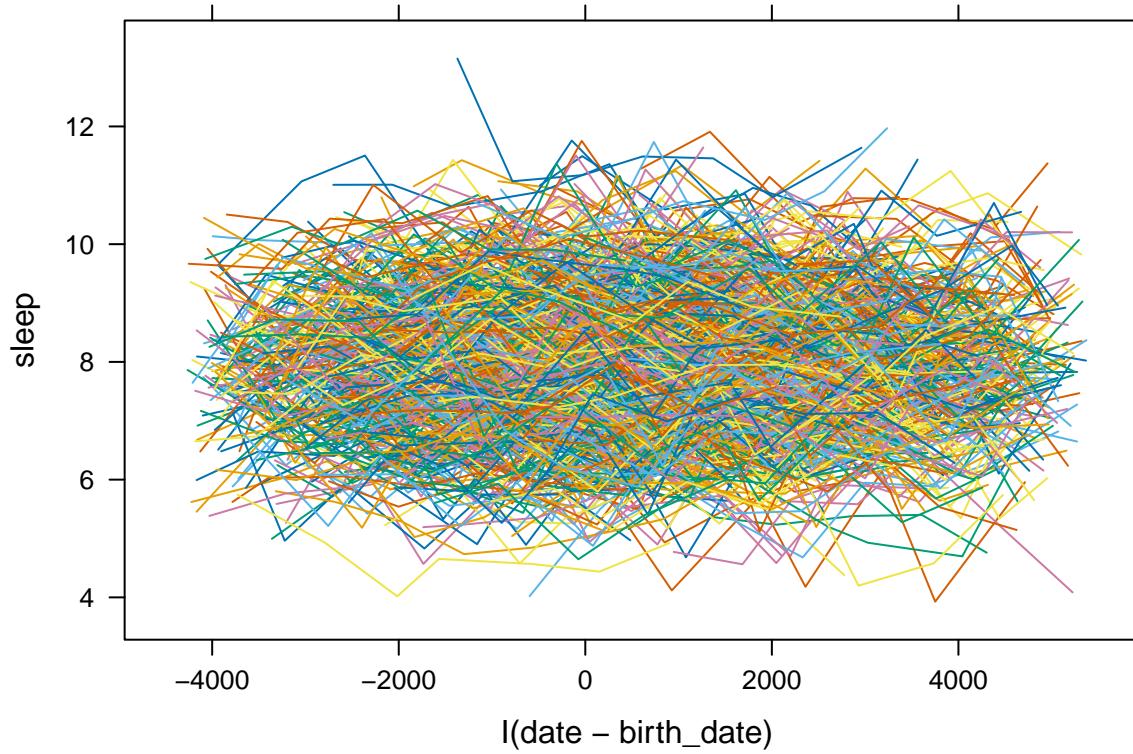
```
xqplot(dd)
```



```
xqplot(sleep ~ date, dd, groups = id, type = '1')
```



```
xyplot(sleep ~ I(date-birth_date), dd, groups = id, type = 'l')
```



Note: one observation every two years on each person

Between-person and within-person variation in sleep

```
fit <- lme(sleep ~ 1, dd, random = ~1 | id)
summary(fit)
```

Linear mixed-effects model fit by REML  
 Data: dd  
 AIC BIC logLik  
 16048.53 16069.09 -8021.267

Random effects:  
 Formula: ~1 | id  
 (Intercept) Residual  
 StdDev: 0.9974714 0.6156731

Fixed effects: sleep ~ 1  
 Value Std.Error DF t-value p-value  
 (Intercept) 7.987087 0.03238981 6000 246.5926 0

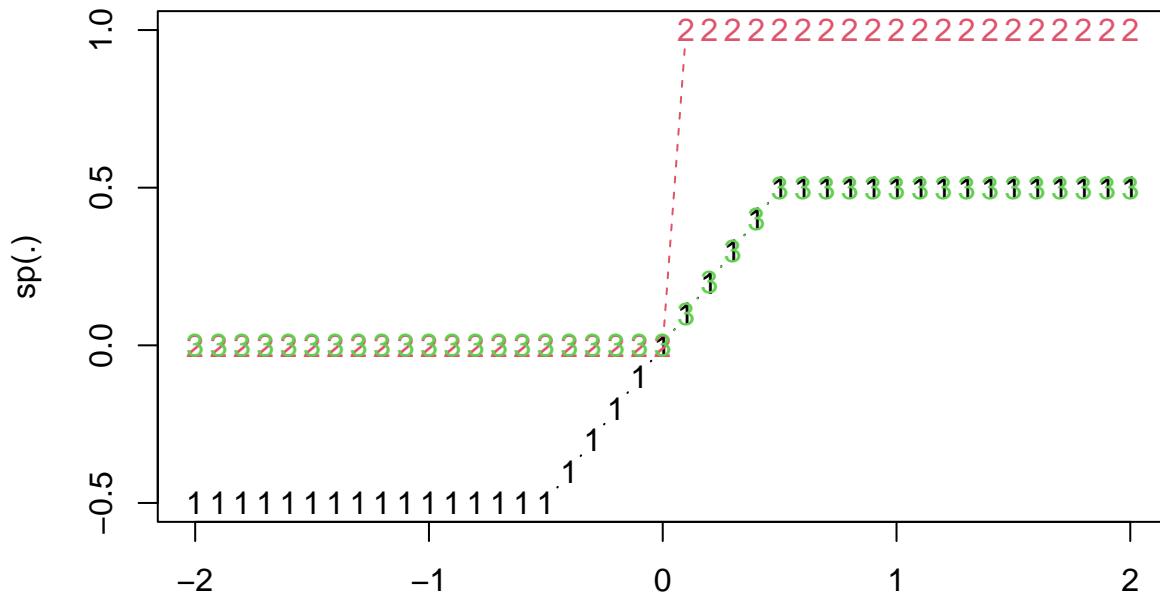
Standardized Within-Group Residuals:  
 Min Q1 Med Q3 Max  
 -3.85320384 -0.64160961 0.00633589 0.63204103 3.68567783

Number of Observations: 7000  
 Number of Groups: 1000

define a parametric spline using years as unit to avoid large numbers

```
sp <- function(y) {
  gsp(y, knots = c(-.5, 0, .5), degree = c(0, 1, 1, 0), c(0, -1, 0))
}

seq(-2, 2, .1) %>% matplot(., sp(.), type = 'b')
```



```
sp(seq(-2, 2, .1))
```

```

      D1(0) C(0).0 C(0).1
f(-2)    -0.5     0     0.0
f(-1.9)   -0.5     0     0.0
f(-1.8)   -0.5     0     0.0
f(-1.7)   -0.5     0     0.0
f(-1.6)   -0.5     0     0.0
f(-1.5)   -0.5     0     0.0
f(-1.4)   -0.5     0     0.0
f(-1.3)   -0.5     0     0.0
f(-1.2)   -0.5     0     0.0
f(-1.1)   -0.5     0     0.0
f(-1)     -0.5     0     0.0
f(-0.9)   -0.5     0     0.0
f(-0.8)   -0.5     0     0.0
f(-0.7)   -0.5     0     0.0
f(-0.6)   -0.5     0     0.0
f(-0.5)   -0.5     0     0.0
f(-0.4)   -0.4     0     0.0
f(-0.3)   -0.3     0     0.0
f(-0.2)   -0.2     0     0.0
f(-0.1)   -0.1     0     0.0
f(0)      0.0      0     0.0
f(0.1)    0.1      1     0.1
f(0.2)    0.2      1     0.2
f(0.3)    0.3      1     0.3
f(0.4)    0.4      1     0.4
f(0.5)    0.5      1     0.5
f(0.6)    0.5      1     0.5
f(0.7)    0.5      1     0.5
f(0.8)    0.5      1     0.5
f(0.9)    0.5      1     0.5
f(1)      0.5      1     0.5
f(1.1)   0.5      1     0.5
f(1.2)   0.5      1     0.5
f(1.3)   0.5      1     0.5
f(1.4)   0.5      1     0.5
f(1.5)   0.5      1     0.5
f(1.6)   0.5      1     0.5
f(1.7)   0.5      1     0.5
f(1.8)   0.5      1     0.5
f(1.9)   0.5      1     0.5
f(2)     0.5      1     0.5
attr("spline.attr")
attr("spline.attr")$knots
[1] -0.5  0.0  0.5

attr("spline.attr")$degree
[1] 0 1 1 0

attr("spline.attr")$smoothness
[1] 0 -1 0

attr("spline.attr")$lin
NULL

```

```

attr("spline.attr")$intercept
[1] 0

attr("spline.attr")$signif
[1] 3

attr("class")
[1] "gsp"

```

Use years as time units

```

dd <- within(dd,
{
  datey <- date /365
  birthy <- birth_date / 365
})

fit <- lme(sleep ~ sp(datey - birthy) , dd, random = ~ 1 | id)
summary(fit)

```

```

Linear mixed-effects model fit by REML
Data: dd
      AIC      BIC      logLik
 15985.45 16026.57 -7986.724

Random effects:
Formula: ~1 | id
          (Intercept) Residual
StdDev:   0.9970469 0.6118624

Fixed effects: sleep ~ sp(datey - birthy)
                Value Std.Error DF t-value p-value
(Intercept)     8.465813 0.08105925 5997 104.43982 0.0000
sp(datey - birthy)D1(0) 0.987491 0.15450552 5997  6.39130 0.0000
sp(datey - birthy)C(0).0 -0.985077 0.11077282 5997 -8.89277 0.0000
sp(datey - birthy)C(0).1  0.040963 0.22128064 5997   0.18512 0.8531

Correlation:
              (Intr) s(-b)D s(-b)C(0).0
sp(datey - birthy)D1(0)  0.907
sp(datey - birthy)C(0).0 -0.637 -0.682
sp(datey - birthy)C(0).1 -0.617 -0.677 -0.063

Standardized Within-Group Residuals:
      Min        Q1        Med        Q3        Max
-3.877379606 -0.646902798  0.002500854  0.631484893  3.660662143

Number of Observations: 7000
Number of Groups: 1000

```

Create a prediction data frame to show model prediction

```

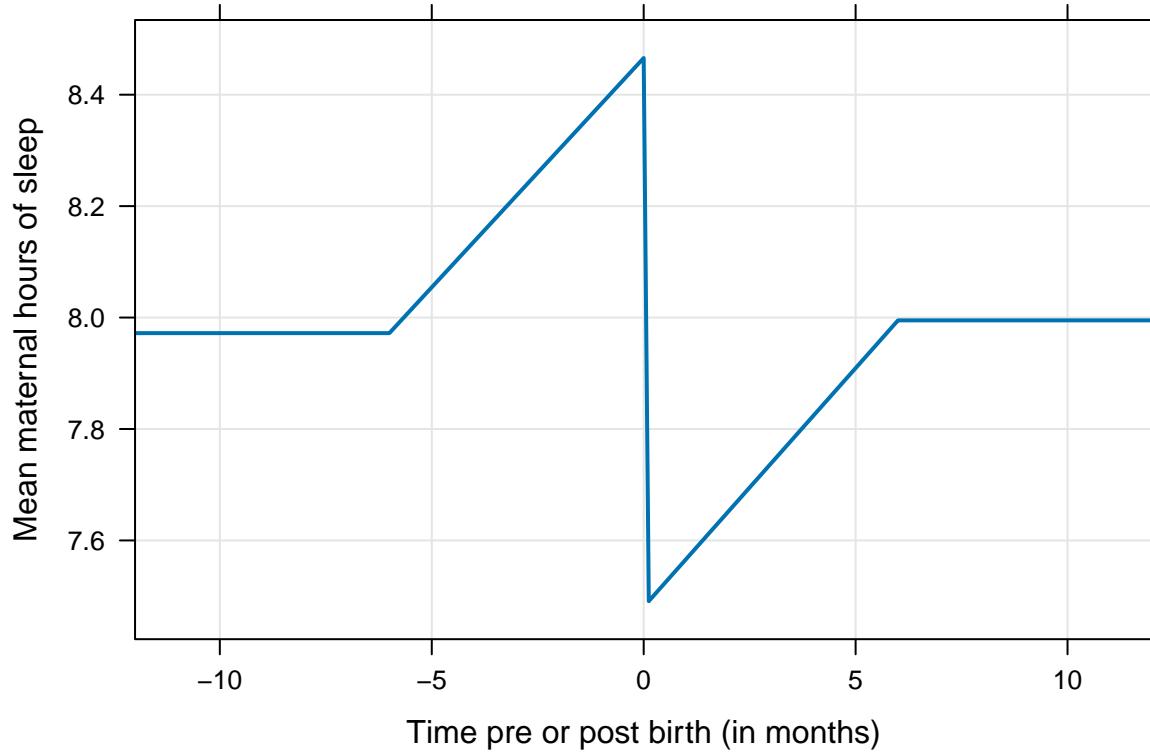
pred <- data.frame(datey = seq(-2,2,.01), birthy = 0)
pred$fit <- predict(fit, newdata = pred, level = 0)

```

```

xyplot(fit ~ I(12*datey), pred, type = 'l', lwd = 2,
       xlim = c(-12,12),
       ylab = "Mean maternal hours of sleep",
       xlab = "Time pre or post birth (in months)") +
layer_(panel.grid(h=-1,v=-1))

```



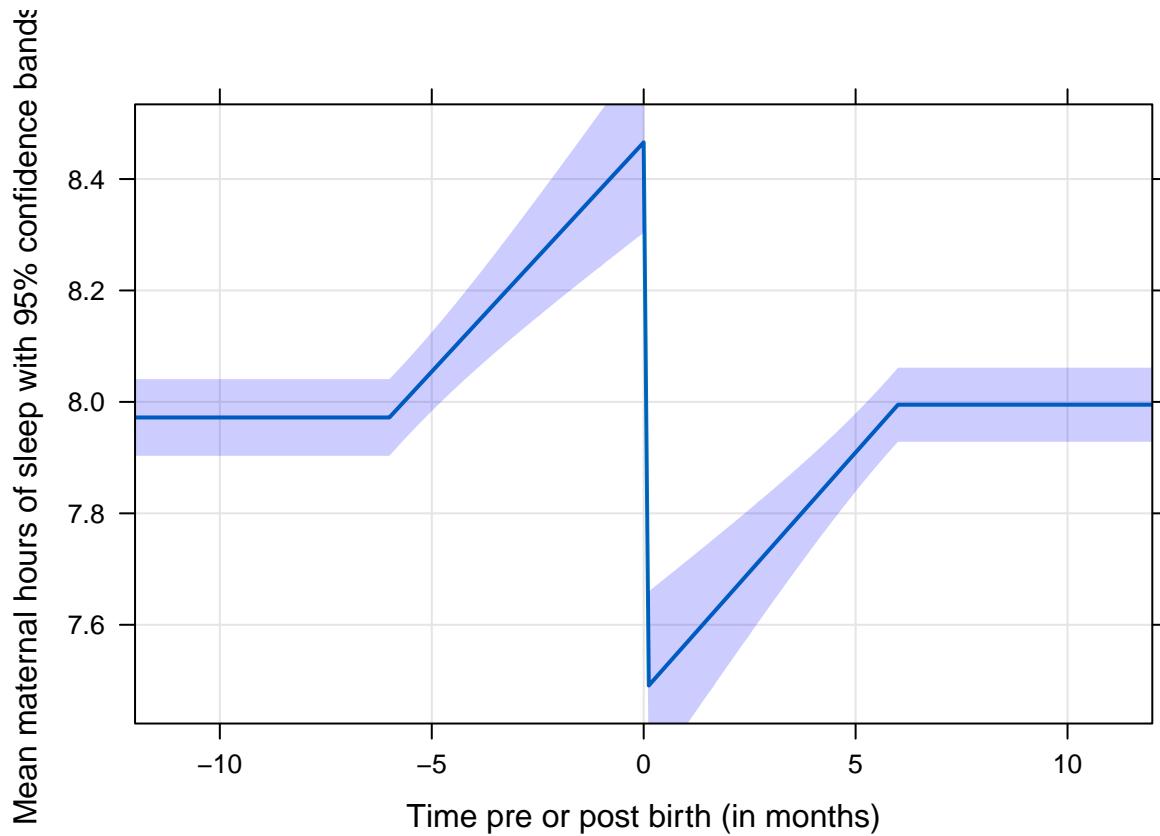
To add error bounds, since ‘predict’ won’t provide them for ‘lme’ models

```

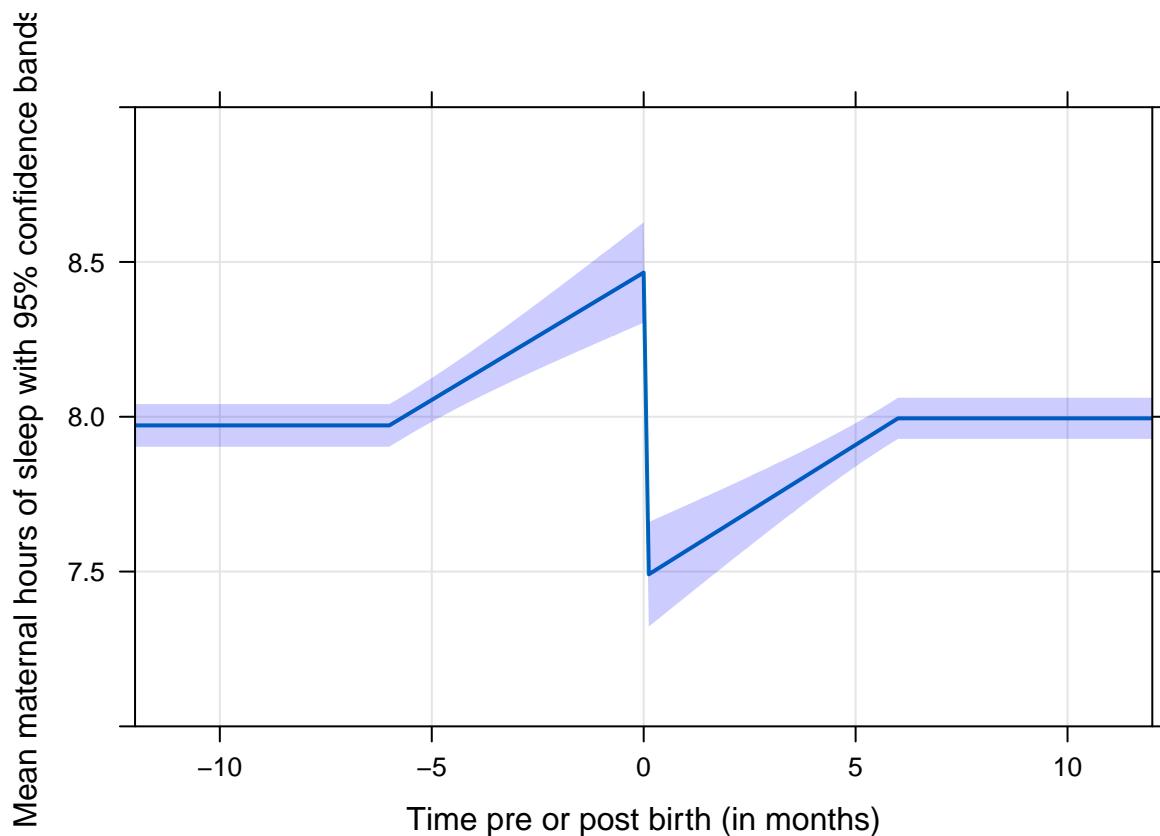
ww <- as.data.frame(wald(fit, pred = pred))

plotbands <- function(ww,...) {
  xyplot(coef ~ I(12*datey), ww, type = 'l', lwd = 2,
         xlim = c(-12,12),
         ...,
         lower = ww$L2,                      # added for panel.fit
         upper = ww$U2,                      # added for panel.fit
         subscripts = T,                      # added for panel.fit
         ylab = "Mean maternal hours of sleep with 95% confidence bands",
         xlab = "Time pre or post birth (in months)") +
  layer_(panel.grid(h = -1, v = -1)) +
  layer(panel.fit(..., alpha = .2))
}
plotbands(ww)

```



```
plotbands(ww, ylim = c(7,9))
```



Try a different spline

```
sp2 <- function(y) gsp(y, c(-1,-.5, 0, .5, 1), c(0,2,3,3,2,0), c(1,1,-1,1,1))

fit2 <- lme(sleep ~ sp2(datey - birthy) , dd, random = ~ 1 | id)
summary(fit2)
```

Linear mixed-effects model fit by REML  
Data: dd

AIC	BIC	logLik
15967.9	16036.42	-7973.948

Random effects:

Formula: ~1   id
(Intercept) Residual

StdDev: 0.9971542 0.6118803

Fixed effects: sleep ~ sp2(datey - birthy)

	Value	Std.Error	DF	t-value	p-value
(Intercept)	8.55861	0.15489	5993	55.25753	0.0000
sp2(datey - birthy)D1(0)	1.75659	2.02286	5993	0.86837	0.3852
sp2(datey - birthy)D2(0)	1.05499	14.57452	5993	0.07239	0.9423
sp2(datey - birthy)D3(0)	-8.98711	43.99968	5993	-0.20425	0.8382
sp2(datey - birthy)C(0).0	-1.01700	0.21748	5993	-4.67626	0.0000
sp2(datey - birthy)C(0).1	-2.64154	2.94118	5993	-0.89812	0.3692
sp2(datey - birthy)C(0).2	17.97831	21.12807	5993	0.85092	0.3948
sp2(datey - birthy)C(0).3	-60.95171	63.63423	5993	-0.95784	0.3382

Correlation:

	(Intr)	s2(-b)D1	s2(-b)D2	s2(-b)D3	s2(-b)C(0).0
sp2(datey - birthy)D1(0)	0.840				
sp2(datey - birthy)D2(0)	0.726	0.975			
sp2(datey - birthy)D3(0)	0.663	0.945	0.994		
sp2(datey - birthy)C(0).0	-0.685	-0.599	-0.518	-0.474	
sp2(datey - birthy)C(0).1	-0.577	-0.688	-0.671	-0.650	-0.031
sp2(datey - birthy)C(0).2	-0.502	-0.672	-0.689	-0.685	0.742
sp2(datey - birthy)C(0).3	-0.457	-0.654	-0.688	-0.692	-0.024
					s2(-b)C(0).1 s2(-b)C(0).2
sp2(datey - birthy)D1(0)					
sp2(datey - birthy)D2(0)					
sp2(datey - birthy)D3(0)					
sp2(datey - birthy)C(0).0					
sp2(datey - birthy)C(0).1					
sp2(datey - birthy)C(0).2	-0.050				
sp2(datey - birthy)C(0).3	0.946				-0.046

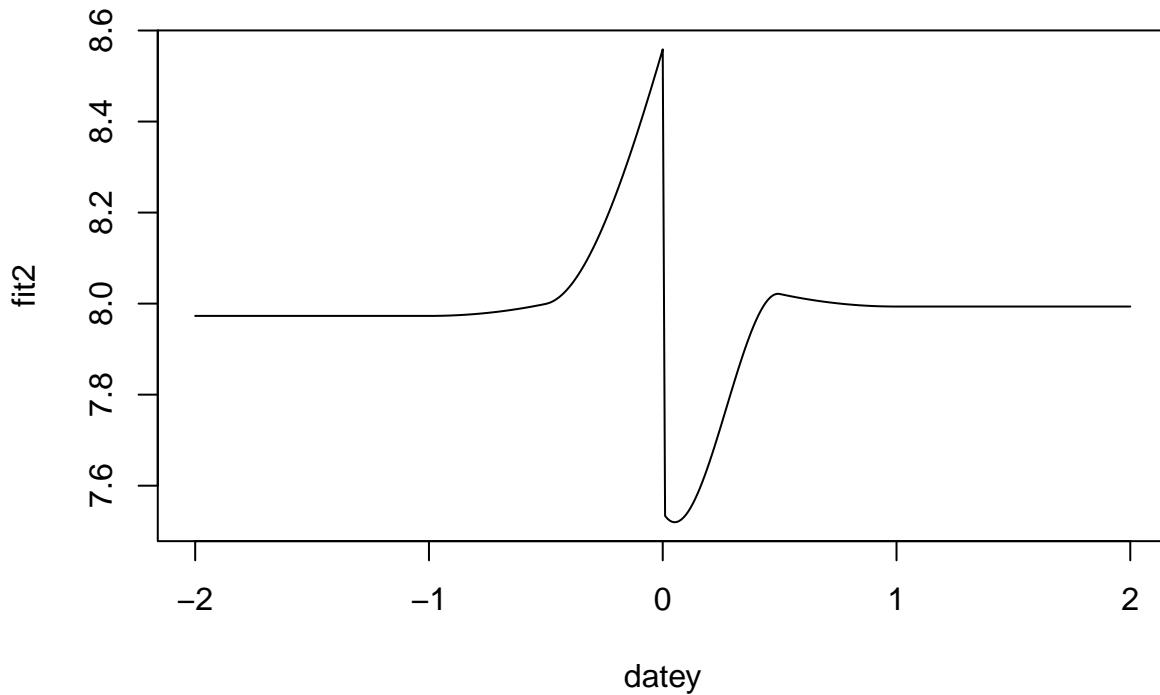
Standardized Within-Group Residuals:

Min	Q1	Med	Q3	Max
-3.877143934	-0.645090676	0.001593104	0.629206506	3.666263366

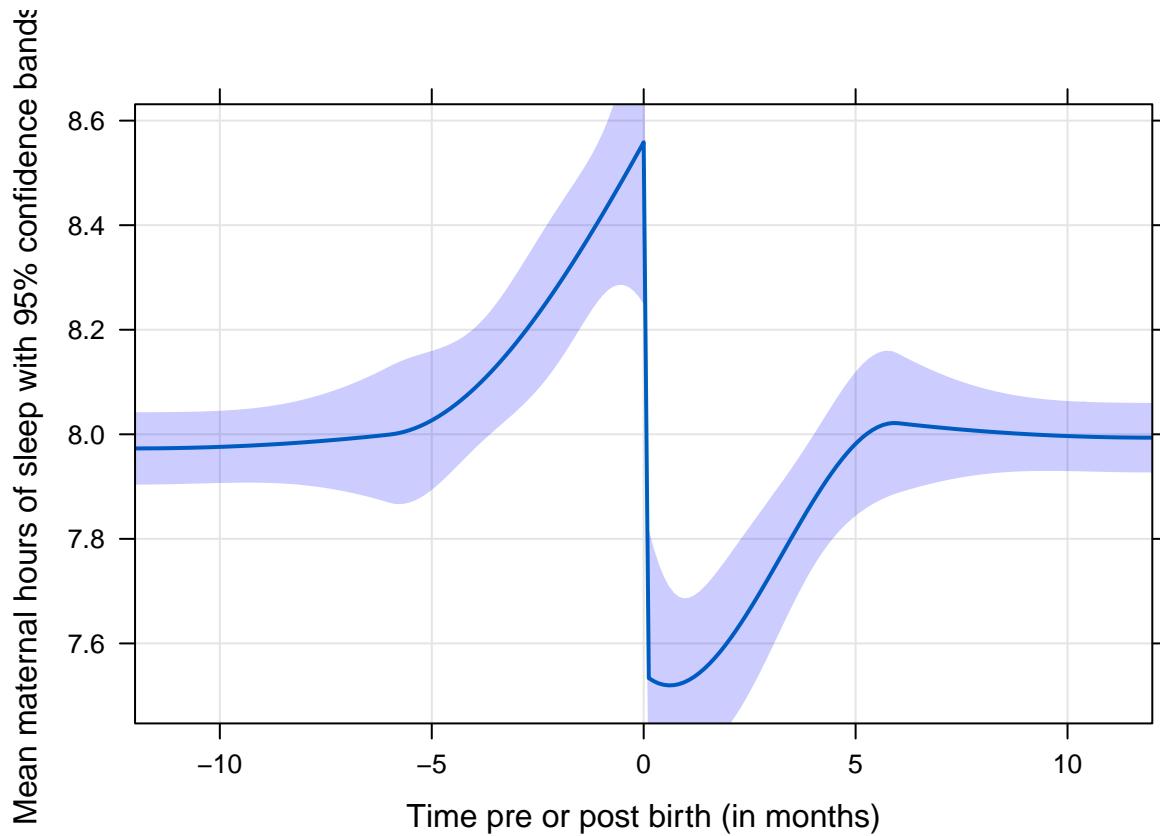
Number of Observations: 7000

Number of Groups: 1000

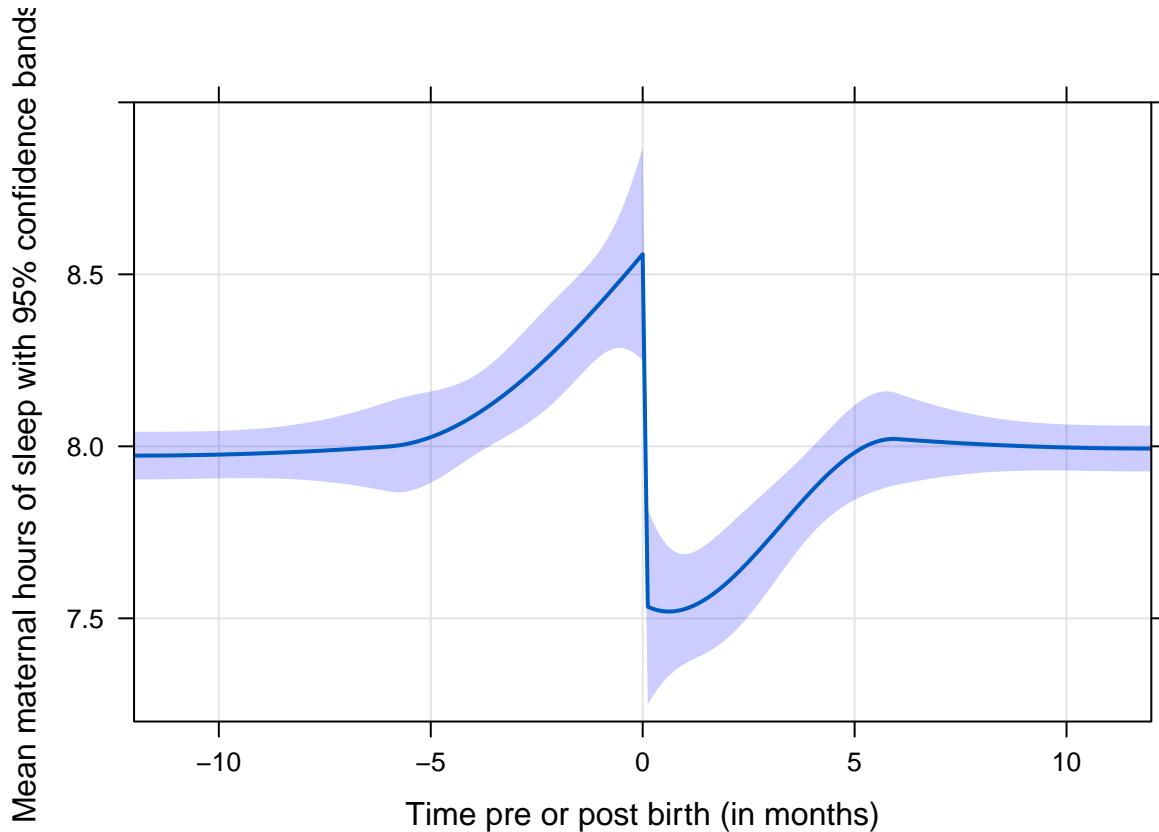
```
pred$fit2 <- predict(fit2, newdata = pred, level = 0)
with(pred, plot(datey, fit2, type = 'l'))
```



```
ww <- as.data.frame(wald(fit2, pred = pred))
plotbands(ww)
```



```
plotbands(ww, ylim = seq(7.2, 9, .2))
```



fit and fit2 have different FE models so we must refit

We can compare these models with AIC or BIC but the p-value should not be interpreted since the neither model is nested in the other

```
anova(update(fit, method = "ML"), update(fit2, method = "ML"))
```

	Model	df	AIC	BIC	logLik	Test
update(fit, method = "ML")		1	15970.56	16011.68	-7979.281	
update(fit2, method = "ML")		2	15975.12	16043.65	-7977.558	1 vs 2
		L.Ratio	p-value			
update(fit, method = "ML")						
update(fit2, method = "ML")		3.446274	0.4861			

Results: AIC favours the smaller model

The positions of knots can be estimated by trial and error and could be estimated more formally using non-linear models, which we might take up later.

Adding seasonal effects with sin/cos pair harmonics

```
Sin <- function(x) cbind(sin(x), cos(x))
#
fit3 <- lme(sleep ~ sp2(datey - birthy) + Sin(2*pi*datey) , dd, random = ~ 1 | id)

Error in lme.formula(sleep ~ sp2(datey - birthy) + Sin(2 * pi * datey), : nlminb problem, convergence
message = false convergence (8)
```

We can force *lme* to return an object:

```
fit3 <- lme(sleep ~ sp2(datey - birthy) + Sin(2*pi*datey) , dd, random = ~ 1 | id,
control = list(returnObject = TRUE))
```

```
Warning in lme.formula(sleep ~ sp2(datey - birthy) + Sin(2 * pi * datey), : nlminb problem, convergence = false convergence (8)
```

but it's generally better to try an alternative optimizer

```
fit3o <- lme(sleep ~ sp2(datey - birthy) + Sin(2*pi*datey) , dd, random = ~ 1 | id,
               control = list(opt = 'optim', msVerbose = T, verbose = T, returnObject = T))
```

```
initial value 27836.131999
final value 27836.131999
converged
```

with the same result:

```
car:::compareCoefs(fit3,fit3o)
```

	Model 1	Model 2
(Intercept)	8.500	8.500
SE	0.129	0.129
sp2(datey - birthy)D1(0)	1.10	1.10
SE	1.67	1.67
sp2(datey - birthy)D2(0)	-0.43	-0.43
SE	12.04	12.04
sp2(datey - birthy)D3(0)	-7.76	-7.76
SE	36.34	36.34
sp2(datey - birthy)C(0).0	-1.06	-1.06
SE	0.18	0.18
sp2(datey - birthy)C(0).1	-0.163	-0.163
SE	2.431	2.431
sp2(datey - birthy)C(0).2	7.62	7.62
SE	17.46	17.46
sp2(datey - birthy)C(0).3	-29.7	-29.7
SE	52.6	52.6
Sin(2 * pi * datey)1	0.25487	0.25487
SE	0.00925	0.00925
Sin(2 * pi * datey)2	0.4213	0.4213
SE	0.0092	0.0092

Also using 'ML' can give convergence:

```
fit3 <- lme(sleep ~ sp2(datey - birthy) + Sin(2*pi*datey) , dd, random = ~ 1 | id, method = 'ML')
```

Compare estimated models

```
summary(fit3)
```

Linear mixed-effects model fit by maximum likelihood  
Data: dd  
AIC BIC logLik  
13645.35 13727.6 -6810.676

Random effects:  
Formula: ~1 | id  
(Intercept) Residual  
StdDev: 0.9933905 0.504401

Fixed effects: sleep ~ sp2(datey - birthy) + Sin(2 \* pi \* datey)  
Value Std.Error DF t-value p-value  
(Intercept) 8.500148 0.12914 5991 65.82083 0.0000  
sp2(datey - birthy)D1(0) 1.095116 1.67092 5991 0.65540 0.5122  
sp2(datey - birthy)D2(0) -0.429970 12.03848 5991 -0.03572 0.9715  
sp2(datey - birthy)D3(0) -7.757804 36.34333 5991 -0.21346 0.8310  
sp2(datey - birthy)C(0).0 -1.062551 0.17968 5991 -5.91358 0.0000  
sp2(datey - birthy)C(0).1 -0.162555 2.43072 5991 -0.06688 0.9467  
sp2(datey - birthy)C(0).2 7.623029 17.46120 5991 0.43657 0.6624  
sp2(datey - birthy)C(0).3 -29.658111 52.58728 5991 -0.56398 0.5728  
Sin(2 \* pi \* datey)1 0.254869 0.00925 5991 27.54351 0.0000  
Sin(2 \* pi \* datey)2 0.421299 0.00920 5991 45.79646 0.0000

Correlation:

	(Intr)	s2(-b)D1	s2(-b)D2	s2(-b)D3	s2(-b)C(0).0	
sp2(datey - birthy)D1(0)	0.832					
sp2(datey - birthy)D2(0)	0.719	0.975				
sp2(datey - birthy)D3(0)	0.657	0.945	0.994			
sp2(datey - birthy)C(0).0	-0.679	-0.599	-0.518	-0.474		
sp2(datey - birthy)C(0).1	-0.571	-0.688	-0.671	-0.650	-0.032	
sp2(datey - birthy)C(0).2	-0.497	-0.672	-0.689	-0.685	0.742	
sp2(datey - birthy)C(0).3	-0.453	-0.653	-0.687	-0.691	-0.025	
Sin(2 * pi * datey)1	-0.005	-0.006	-0.003	-0.001	0.016	
Sin(2 * pi * datey)2	-0.007	-0.005	-0.001	0.001	-0.015	
		s2(-b)C(0).1	s2(-b)C(0).2	s2(-b)C(0).3	S(2*p*d)1	
sp2(datey - birthy)D1(0)						
sp2(datey - birthy)D2(0)						
sp2(datey - birthy)D3(0)						
sp2(datey - birthy)C(0).0						
sp2(datey - birthy)C(0).1						
sp2(datey - birthy)C(0).2	-0.051					
sp2(datey - birthy)C(0).3	0.946		-0.047			
Sin(2 * pi * datey)1	-0.013		0.021		-0.020	
Sin(2 * pi * datey)2	0.030		-0.026		0.025	0.007

Standardized Within-Group Residuals:

Min	Q1	Med	Q3	Max
-3.743602439	-0.633286792	-0.003526948	0.642603214	3.533283785

```

Number of Observations: 7000
Number of Groups: 1000
summary(fit3o)

Linear mixed-effects model fit by REML
Data: dd
      AIC      BIC      logLik
 13655.9 13738.12 -6815.948

Random effects:
Formula: ~1 | id
          (Intercept) Residual
StdDev:   0.9939113 0.504777

Fixed effects: sleep ~ sp2(datey - birthy) + Sin(2 * pi * datey)
                Value Std.Error DF t-value p-value
(Intercept)     8.500148  0.12914 5991 65.81977 0.0000
sp2(datey - birthy)D1(0) 1.095123  1.67097 5991 0.65538 0.5122
sp2(datey - birthy)D2(0) -0.429922 12.03884 5991 -0.03571 0.9715
sp2(datey - birthy)D3(0) -7.757657 36.34439 5991 -0.21345 0.8310
sp2(datey - birthy)C(0).0 -1.062551  0.17969 5991 -5.91340 0.0000
sp2(datey - birthy)C(0).1 -0.162579  2.43079 5991 -0.06688 0.9467
sp2(datey - birthy)C(0).2  7.623092 17.46172 5991 0.43656 0.6624
sp2(datey - birthy)C(0).3 -29.658545 52.58882 5991 -0.56397 0.5728
Sin(2 * pi * datey)1    0.254869  0.00925 5991 27.54273 0.0000
Sin(2 * pi * datey)2    0.421299  0.00920 5991 45.79514 0.0000

Correlation:
              (Intr) s2(-b)D1 s2(-b)D2 s2(-b)D3 s2(-b)C(0).0
sp2(datey - birthy)D1(0) 0.832
sp2(datey - birthy)D2(0) 0.719  0.975
sp2(datey - birthy)D3(0) 0.657  0.945  0.994
sp2(datey - birthy)C(0).0 -0.679 -0.599 -0.518 -0.474
sp2(datey - birthy)C(0).1 -0.571 -0.688 -0.671 -0.650 -0.032
sp2(datey - birthy)C(0).2 -0.497 -0.672 -0.689 -0.685  0.742
sp2(datey - birthy)C(0).3 -0.453 -0.653 -0.687 -0.691 -0.025
Sin(2 * pi * datey)1    -0.005 -0.006 -0.003 -0.001  0.016
Sin(2 * pi * datey)2    -0.007 -0.005 -0.001  0.001 -0.015
s2(-b)C(0).1 s2(-b)C(0).2 s2(-b)C(0).3 S(2*p*d)1
sp2(datey - birthy)D1(0)
sp2(datey - birthy)D2(0)
sp2(datey - birthy)D3(0)
sp2(datey - birthy)C(0).0
sp2(datey - birthy)C(0).1
sp2(datey - birthy)C(0).2 -0.051
sp2(datey - birthy)C(0).3  0.946      -0.047
Sin(2 * pi * datey)1    -0.013      0.021      -0.020
Sin(2 * pi * datey)2    0.030      -0.026      0.025      0.007

Standardized Within-Group Residuals:
      Min        Q1        Med        Q3        Max
-3.740828341 -0.632796684 -0.003509994  0.642116499  3.530681040

```

Number of Observations: 7000  
 Number of Groups: 1000

```

getG(fit3)

Random effects variance covariance matrix
  (Intercept)
(Intercept) 0.98682
  Standard Deviations: 0.99339

getG(fit3o)

Random effects variance covariance matrix
  (Intercept)
(Intercept) 0.98786
  Standard Deviations: 0.99391

getR(fit3)

id 1
Conditional variance covariance matrix
  1   2   3   4   5   6   7
1 0.25442 0.00000 0.00000 0.00000 0.00000 0.00000 0.00000
2 0.00000 0.25442 0.00000 0.00000 0.00000 0.00000 0.00000
3 0.00000 0.00000 0.25442 0.00000 0.00000 0.00000 0.00000
4 0.00000 0.00000 0.00000 0.25442 0.00000 0.00000 0.00000
5 0.00000 0.00000 0.00000 0.00000 0.25442 0.00000 0.00000
6 0.00000 0.00000 0.00000 0.00000 0.00000 0.25442 0.00000
7 0.00000 0.00000 0.00000 0.00000 0.00000 0.00000 0.25442
  Standard Deviations: 0.5044 0.5044 0.5044 0.5044 0.5044 0.5044 0.5044

getR(fit3o)

id 1
Conditional variance covariance matrix
  1   2   3   4   5   6   7
1 0.2548 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000
2 0.0000 0.2548 0.0000 0.0000 0.0000 0.0000 0.0000
3 0.0000 0.0000 0.2548 0.0000 0.0000 0.0000 0.0000
4 0.0000 0.0000 0.0000 0.2548 0.0000 0.0000 0.0000
5 0.0000 0.0000 0.0000 0.0000 0.2548 0.0000 0.0000
6 0.0000 0.0000 0.0000 0.0000 0.0000 0.2548 0.0000
7 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.2548
  Standard Deviations: 0.50478 0.50478 0.50478 0.50478 0.50478 0.50478 0.50478

```

Estimating seasonal pattern:

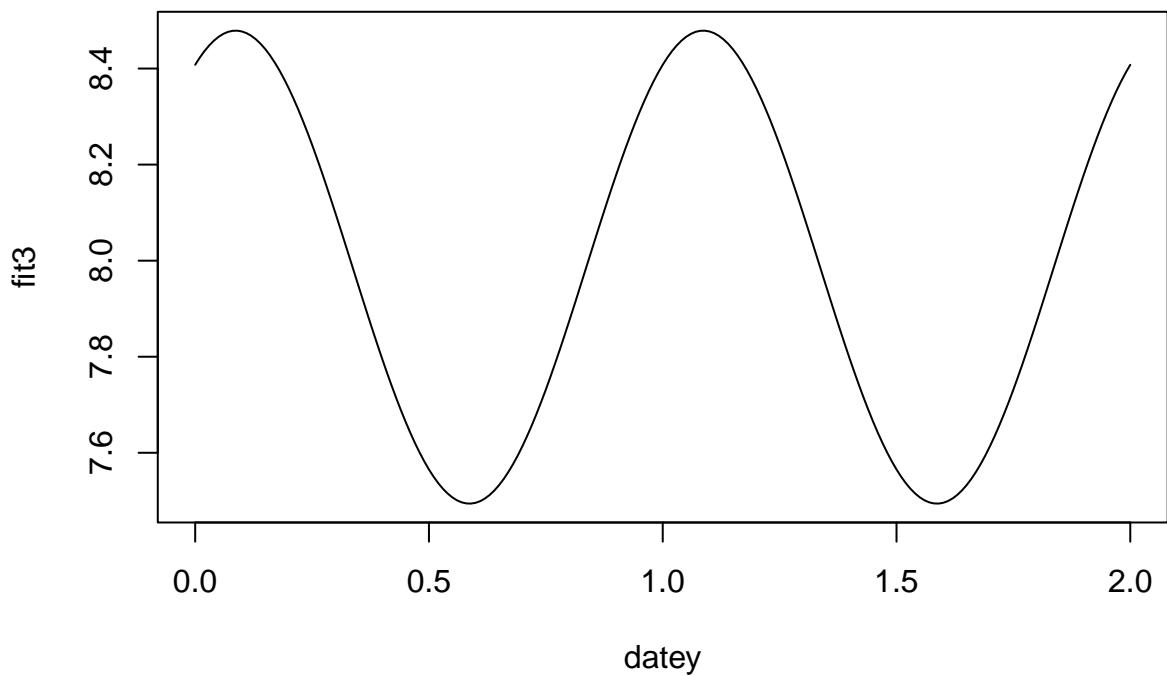
```

preds <- data.frame(datey = seq(0,2,.01))
preds$birthy <- preds$datey - 2      # to move birth out of the way

preds$fit3 <- predict(fit3, newdata = preds, level = 0)

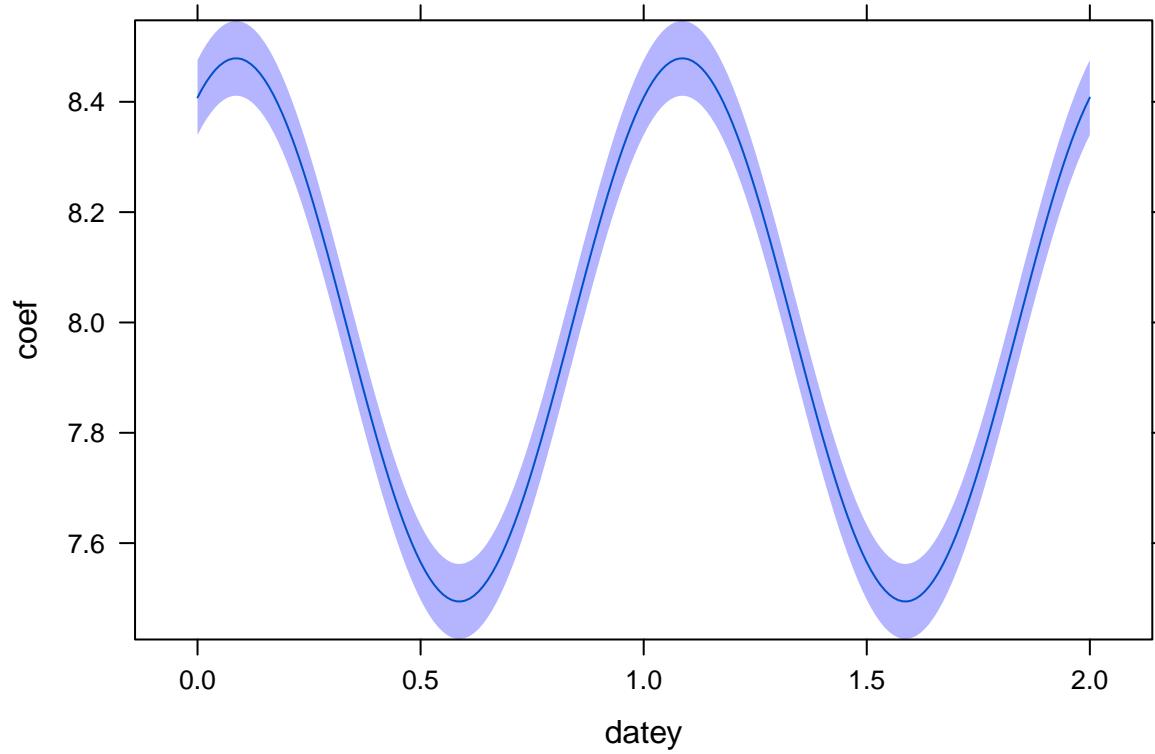
with(preds, plot(datey, fit3, type = 'l'))

```



```
ww <- as.data.frame(wald(fit3o, pred = preds))

xyplot(coef ~ datey, ww, type = 'l',
       lower = ww$L2,
       upper = ww$U2,
       subscripts = TRUE) +
  layer(panel.fit(...))
```

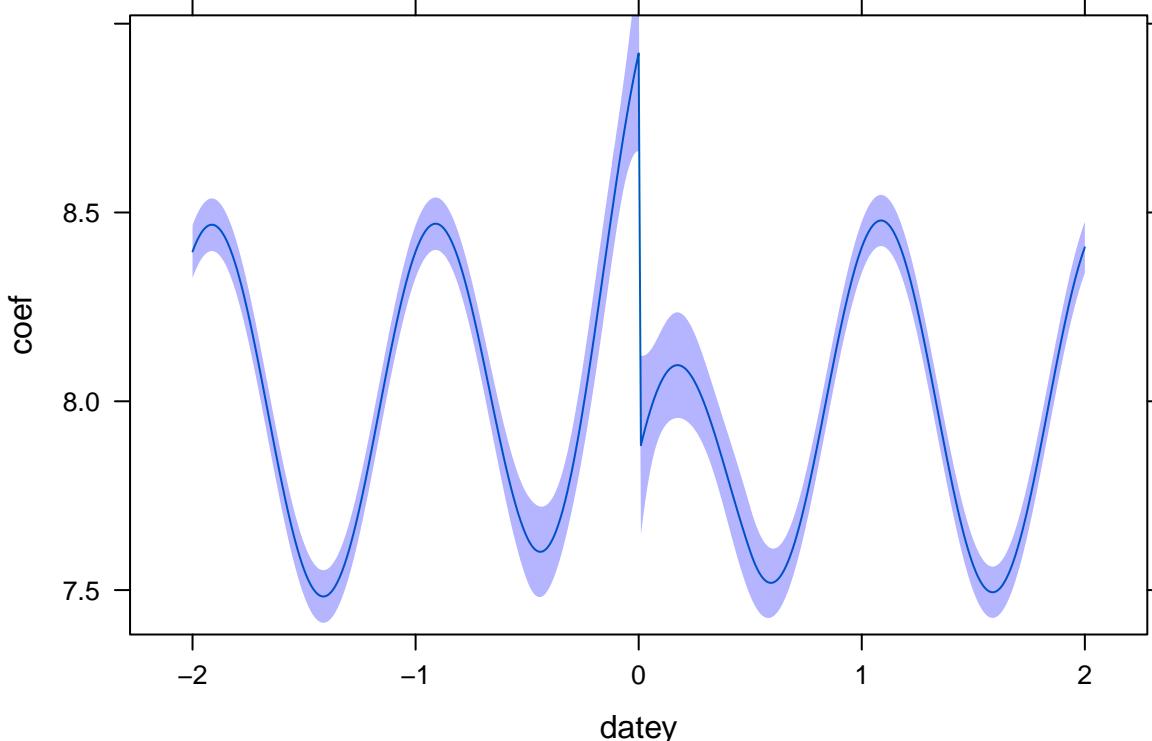


```

ww <- as.data.frame(wald(fit3o, pred = pred))

xyplot(coef ~ datey, ww, type = 'l',
       lower = ww$L2,
       upper = ww$U2,
       subscripts = TRUE) +
layer(panel.fit(...))

```



Combines seasonal and birth effects showing predicted patterns for a birth on January 1.

To isolate seasonal and birth effects we would need to reparameterize the model to allow unlinking the variable used for calendar date from the variable used for time pre/post birth.

This is left as an exercise. (Challenge: medium)

Solution:

Create a separate variable for days relative to birth

```
head(dd)
```

	id	obs	sleep	birth_date	date	reg_date	birthy	datey	
1	1	1	7.088871		5298	1197	288	14.51507	3.279452
1001	1	2	7.336316		5298	1891	288	14.51507	5.180822
2001	1	3	7.909879		5298	2655	288	14.51507	7.273973
3001	1	4	7.489981		5298	3441	288	14.51507	9.427397
4001	1	5	7.087731		5298	4084	288	14.51507	11.189041
5001	1	6	6.920117		5298	4893	288	14.51507	13.405479

```
dd$post_birthy <- with(dd, datey - birthy)
```

```

fit3b <- lme(sleep ~ sp2(post_birthy) + Sin(2*pi*datey) , dd, random = ~ 1 | id, method = 'ML')
predb <- expand.grid(post_birthy = seq(-1,1,.01), datey = 0)

```

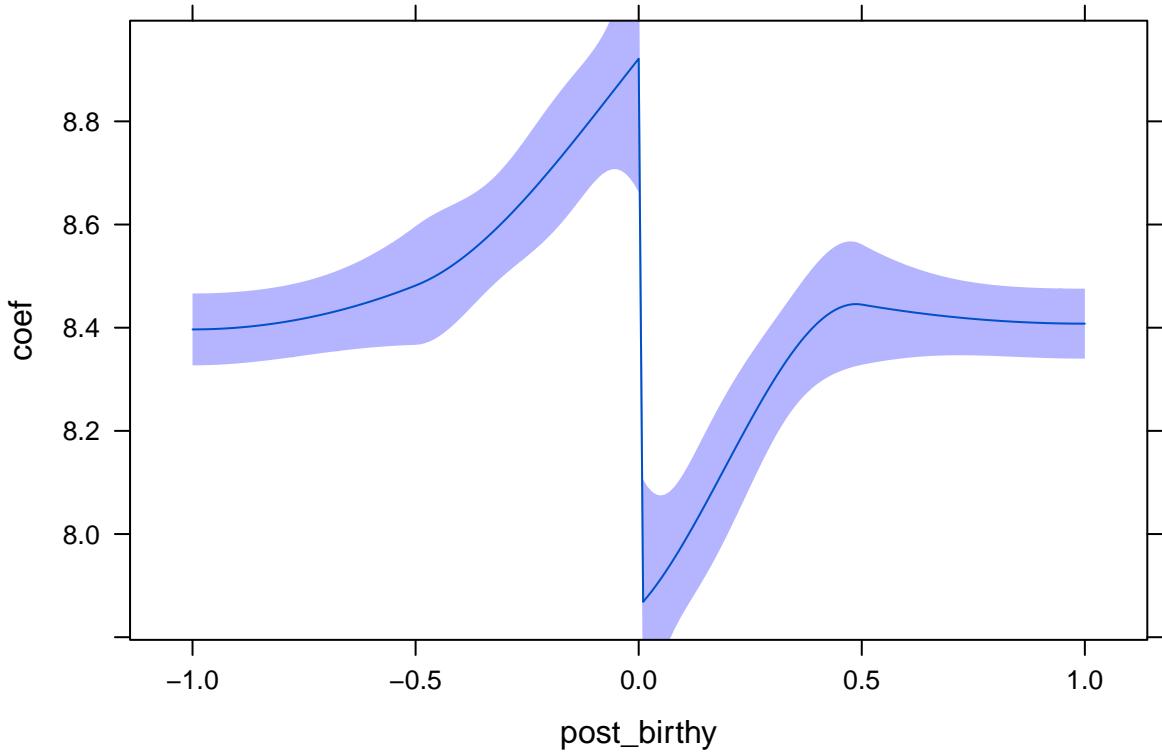
```

ww <- as.data.frame( wald(fit3b, pred = predb) )
head(ww)

      coef        se       U2       L2 p-value   t-value   DF post_birthday datey
1 8.396669 0.03482825 8.466326 8.327013      0 241.0879 5991      -1.00    0
2 8.396703 0.03482662 8.466356 8.327050      0 241.1002 5991      -0.99    0
3 8.396805 0.03482180 8.466449 8.327162      0 241.1365 5991      -0.98    0
4 8.396976 0.03481399 8.466604 8.327348      0 241.1955 5991      -0.97    0
5 8.397214 0.03480350 8.466821 8.327607      0 241.2749 5991      -0.96    0
6 8.397520 0.03479081 8.467102 8.327939      0 241.3718 5991      -0.95    0
L.(Intercept) L.sp2(post_birthday)D1(0) L.sp2(post_birthday)D2(0)
1 1.000000000          -0.75000000          0.25000000
2 1.000000000          -0.74990000          0.24995000
3 1.000000000          -0.74960000          0.24980000
4 1.000000000          -0.74910000          0.24955000
5 1.000000000          -0.74840000          0.24920000
6 1.000000000          -0.74750000          0.24875000
L.sp2(post_birthday)D3(0) L.sp2(post_birthday)C(0).0 L.sp2(post_birthday)C(0).1
1          -0.05208333          0.00000000          0.00000000
2          -0.05207083          0.00000000          0.00000000
3          -0.05203333          0.00000000          0.00000000
4          -0.05197083          0.00000000          0.00000000
5          -0.05188333          0.00000000          0.00000000
6          -0.05177083          0.00000000          0.00000000
L.sp2(post_birthday)C(0).2 L.sp2(post_birthday)C(0).3 L.Sin(2 * pi * datey)1
1          0.00000000          0.00000000          0.00000000
2          0.00000000          0.00000000          0.00000000
3          0.00000000          0.00000000          0.00000000
4          0.00000000          0.00000000          0.00000000
5          0.00000000          0.00000000          0.00000000
6          0.00000000          0.00000000          0.00000000
L.Sin(2 * pi * datey)2
1          1.00000000
2          1.00000000
3          1.00000000
4          1.00000000
5          1.00000000
6          1.00000000

xyplot(coef ~ post_birthday, ww, type = 'l',
       lower = ww$L2,
       upper = ww$U2,
       subscripts = TRUE) +
layer(panel.fit(...))

```



Fitting higher harmonics

```
fit4 <- lme(sleep ~ sp2(datey - birthy) +
  Sin(1 * 2 * pi * datey) +
  Sin(2 * 2 * pi * datey) +
  Sin(3 * 2 * pi * datey)
  , dd, random = ~ 1 | id)
summary(fit4)
```

Linear mixed-effects model fit by REML

Data: dd

AIC	BIC	logLik
13690.76	13800.38	-6829.378

Random effects:

Formula: ~1   id
(Intercept) Residual
StdDev: 0.9938603 0.5048109

Fixed effects: sleep ~ sp2(datey - birthy) + Sin(1 \* 2 \* pi \* datey) + Sin(2 \* pi \* datey)

	Value	Std.Error	DF	t-value	p-value
(Intercept)	8.497015	0.12920	5987	65.76594	0.0000
sp2(datey - birthy)D1(0)	1.022949	1.67225	5987	0.61172	0.5407
sp2(datey - birthy)D2(0)	-0.993524	12.04851	5987	-0.08246	0.9343
sp2(datey - birthy)D3(0)	-9.476648	36.37328	5987	-0.26054	0.7945
sp2(datey - birthy)C(0).0	-1.061064	0.17975	5987	-5.90301	0.0000
sp2(datey - birthy)C(0).1	-0.067145	2.43268	5987	-0.02760	0.9780
sp2(datey - birthy)C(0).2	8.057741	17.47070	5987	0.46121	0.6447
sp2(datey - birthy)C(0).3	-27.625040	52.62973	5987	-0.52489	0.5997
Sin(1 * 2 * pi * datey)1	0.254924	0.00926	5987	27.54186	0.0000

Sin(1 * 2 * pi * datey)2	0.421517	0.00921	5987	45.78260	0.0000	
Sin(2 * 2 * pi * datey)1	-0.010929	0.00932	5987	-1.17309	0.2408	
Sin(2 * 2 * pi * datey)2	-0.001708	0.00913	5987	-0.18709	0.8516	
Sin(3 * 2 * pi * datey)1	-0.009974	0.00922	5987	-1.08218	0.2792	
Sin(3 * 2 * pi * datey)2	-0.007817	0.00918	5987	-0.85177	0.3944	
Correlation:		(Intr)	s2(-b)D1	s2(-b)D2	s2(-b)D3	s2(-b)C(0).0
sp2(datey - birthy)D1(0)	0.832					
sp2(datey - birthy)D2(0)	0.719	0.975				
sp2(datey - birthy)D3(0)	0.657	0.945	0.994			
sp2(datey - birthy)C(0).0	-0.679	-0.599	-0.518	-0.474		
sp2(datey - birthy)C(0).1	-0.571	-0.688	-0.671	-0.650	-0.031	
sp2(datey - birthy)C(0).2	-0.497	-0.672	-0.689	-0.685	0.742	
sp2(datey - birthy)C(0).3	-0.453	-0.654	-0.687	-0.691	-0.025	
Sin(1 * 2 * pi * datey)1	-0.006	-0.006	-0.003	-0.001	0.016	
Sin(1 * 2 * pi * datey)2	-0.007	-0.006	-0.002	0.000	-0.015	
Sin(2 * 2 * pi * datey)1	0.019	0.029	0.030	0.030	-0.007	
Sin(2 * 2 * pi * datey)2	0.012	0.015	0.013	0.012	-0.022	
Sin(3 * 2 * pi * datey)1	-0.011	-0.007	-0.006	-0.006	0.006	
Sin(3 * 2 * pi * datey)2	0.014	0.017	0.020	0.020	-0.003	
		s2(-b)C(0).1	s2(-b)C(0).2	s2(-b)C(0).3	S(1*2*p*d)1	
sp2(datey - birthy)D1(0)						
sp2(datey - birthy)D2(0)						
sp2(datey - birthy)D3(0)						
sp2(datey - birthy)C(0).0						
sp2(datey - birthy)C(0).1						
sp2(datey - birthy)C(0).2	-0.051					
sp2(datey - birthy)C(0).3	0.946	-0.047				
Sin(1 * 2 * pi * datey)1	-0.013	0.021	-0.019			
Sin(1 * 2 * pi * datey)2	0.031	-0.026	0.026	0.008		
Sin(2 * 2 * pi * datey)1	-0.030	-0.014	-0.026	-0.004		
Sin(2 * 2 * pi * datey)2	0.005	-0.026	0.010	0.013		
Sin(3 * 2 * pi * datey)1	0.011	-0.001	0.009	0.006		
Sin(3 * 2 * pi * datey)2	-0.021	-0.004	-0.024	-0.012		
		S(1*2*p*d)2	S(2*2*p*d)1	S(2*2*p*d)2	S(3*2*p*d)1	
sp2(datey - birthy)D1(0)						
sp2(datey - birthy)D2(0)						
sp2(datey - birthy)D3(0)						
sp2(datey - birthy)C(0).0						
sp2(datey - birthy)C(0).1						
sp2(datey - birthy)C(0).2						
sp2(datey - birthy)C(0).3						
Sin(1 * 2 * pi * datey)1						
Sin(1 * 2 * pi * datey)2						
Sin(2 * 2 * pi * datey)1	-0.015					
Sin(2 * 2 * pi * datey)2	0.017	-0.001				
Sin(3 * 2 * pi * datey)1	0.012	-0.003	-0.017			
Sin(3 * 2 * pi * datey)2	-0.028	0.020	0.013	-0.006		

#### Standardized Within-Group Residuals:

Min	Q1	Med	Q3	Max
-3.749540694	-0.631159258	-0.004632081	0.641790295	3.523068562

Number of Observations: 7000

```
Number of Groups: 1000
```

We can test higher harmonics with a Wald test or with a LR test

```
wald(fit4, 'Sin\\(3')
```

```
    numDF denDF   F-value p-value
Sin\\(3      2  5987 0.9537905 0.38534
                                Estimate Std.Error DF   t-value   p-value Lower 0.95
Sin(3 * 2 * pi * datey)1 -0.009974 0.009216 5987 -1.082177 0.27922 -0.028041
Sin(3 * 2 * pi * datey)2 -0.007817 0.009177 5987 -0.851774 0.39437 -0.025807
                                Upper 0.95
Sin(3 * 2 * pi * datey)1 0.008094
Sin(3 * 2 * pi * datey)2 0.010173
```

```
wald(fit4, 'Sin\\([23]')
```

```
    numDF denDF   F-value p-value
Sin\\([23]     4  5987 0.8226071 0.51051
                                Estimate Std.Error DF   t-value   p-value Lower 0.95
Sin(2 * 2 * pi * datey)1 -0.010929 0.009316 5987 -1.173091 0.24081 -0.029193
Sin(2 * 2 * pi * datey)2 -0.001708 0.009129 5987 -0.187089 0.85160 -0.019605
Sin(3 * 2 * pi * datey)1 -0.009974 0.009216 5987 -1.082177 0.27922 -0.028041
Sin(3 * 2 * pi * datey)2 -0.007817 0.009177 5987 -0.851774 0.39437 -0.025807
                                Upper 0.95
Sin(2 * 2 * pi * datey)1 0.007335
Sin(2 * 2 * pi * datey)2 0.016189
Sin(3 * 2 * pi * datey)1 0.008094
Sin(3 * 2 * pi * datey)2 0.010173
```

```
wald(fit4, 'Sin\\([123]')
```

```
    numDF denDF   F-value p-value
Sin\\([123]     6  5987 473.4823 <.00001
                                Estimate Std.Error DF   t-value   p-value Lower 0.95
Sin(1 * 2 * pi * datey)1 0.254924 0.009256 5987 27.541861 <.00001 0.236779
Sin(1 * 2 * pi * datey)2 0.421517 0.009207 5987 45.782595 <.00001 0.403468
Sin(2 * 2 * pi * datey)1 -0.010929 0.009316 5987 -1.173091 0.24081 -0.029193
Sin(2 * 2 * pi * datey)2 -0.001708 0.009129 5987 -0.187089 0.85160 -0.019605
Sin(3 * 2 * pi * datey)1 -0.009974 0.009216 5987 -1.082177 0.27922 -0.028041
Sin(3 * 2 * pi * datey)2 -0.007817 0.009177 5987 -0.851774 0.39437 -0.025807
                                Upper 0.95
Sin(1 * 2 * pi * datey)1 0.273069
Sin(1 * 2 * pi * datey)2 0.439566
Sin(2 * 2 * pi * datey)1 0.007335
Sin(2 * 2 * pi * datey)2 0.016189
Sin(3 * 2 * pi * datey)1 0.008094
Sin(3 * 2 * pi * datey)2 0.010173
```

```
anova(update(fit3, method = 'ML'), update(fit4, method = "ML"))
```

	Model	df	AIC	BIC	logLik	Test	L.Ratio
update(fit3, method = "ML")	1	12	13645.35	13727.59	-6810.676		
update(fit4, method = "ML")	2	16	13650.06	13759.71	-6809.027	1 vs 2	3.29655
					p-value		
update(fit3, method = "ML")							
update(fit4, method = "ML")					0.5095		

Note how close the corresponding p-values are from the two tests

## 1 Hand-rolled parametric splines

Many parametric splines are easily made ‘by hand’.

As long as a spline adds polynomial degrees monotonically, either from the left to the right, or from the right to the left, it can be easily specified with ‘plus’ functions:

```
plus <- function(x) x * (x > 0)
```

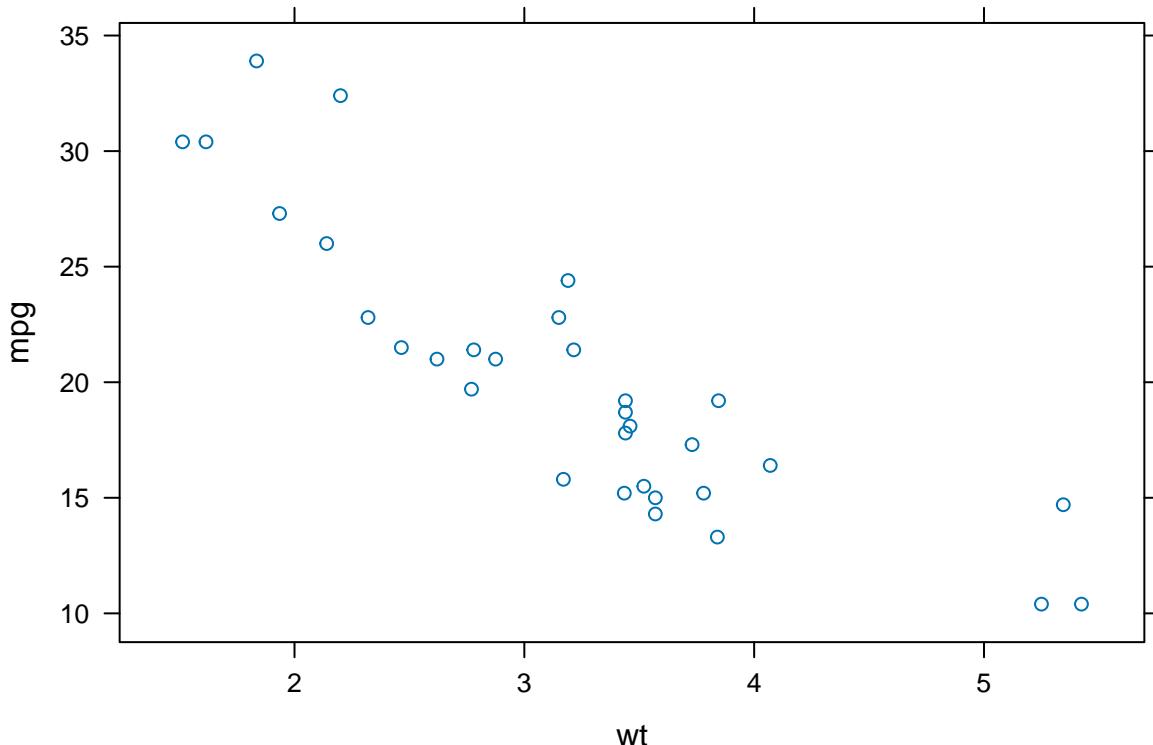
For example, a piece-wise linear function with knots at 0 and at 1 could be specified as:

```
y ~ x + plus(x) + plus(x - 1)
```

```
head(mtcars)
```

	mpg	cyl	disp	hp	drat	wt	qsec	vs	am	gear	carb
Mazda RX4	21.0	6	160	110	3.90	2.620	16.46	0	1	4	4
Mazda RX4 Wag	21.0	6	160	110	3.90	2.875	17.02	0	1	4	4
Datsun 710	22.8	4	108	93	3.85	2.320	18.61	1	1	4	1
Hornet 4 Drive	21.4	6	258	110	3.08	3.215	19.44	1	0	3	1
Hornet Sportabout	18.7	8	360	175	3.15	3.440	17.02	0	0	3	2
Valiant	18.1	6	225	105	2.76	3.460	20.22	1	0	3	1

```
xypplot(mpg ~ wt, mtcars)
```



```
plus <- function(x) x * (x>0)
fit <- lm(mpg ~ disp + wt + plus(wt - 3) + plus(wt - 4), mtcars)
summary(fit)
```

Call:

```

lm(formula = mpg ~ disp + wt + plus(wt - 3) + plus(wt - 4), data = mtcars)

Residuals:
    Min      1Q  Median      3Q     Max 
-3.0400 -1.6780 -0.7629  0.8295  5.3393 

Coefficients:
            Estimate Std. Error t value Pr(>|t|)    
(Intercept) 42.97993   3.25485 13.205 2.7e-13 ***
disp        -0.01890   0.00834 -2.266 0.031701 *  
wt         -6.56004   1.46556 -4.476 0.000124 *** 
plus(wt - 3) 5.05495   3.04939  1.658 0.108955    
plus(wt - 4) 0.52160   3.12072  0.167 0.868506    
---
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1

Residual standard error: 2.525 on 27 degrees of freedom
Multiple R-squared:  0.8471, Adjusted R-squared:  0.8245 
F-statistic: 37.4 on 4 and 27 DF, p-value: 1.213e-10

wald(fit, 'plus') # individual components not sig. but overall sig.

```

	numDF	denDF	F-value	p-value		
plus	2	27	5.843264	0.00779		
			Estimate Std. Error DF t-value p-value Lower 0.95 Upper 0.95			
plus(wt - 3)	5.054949	3.049385	27	1.657695 0.10895 -1.201872 11.311771		
plus(wt - 4)	0.521595	3.120718	27	0.167139 0.86851 -5.881589 6.924778		

Exercise: interpret the coefficients of this model

```

L <- rbind(
  "Slope wt<3" = c(0,0,1,0,0),
  "Slope 3<wt<4" = c(0,0,1,1,0),
  "Slope 4<wt" = c(0,0,1,1,1),
  "Change at 3" = c(0,0,0,1,0),
  "Change at 4" = c(0,0,0,0,1)
)

wald(fit, L)

  numDF denDF F-value p-value
  1      3     27 7.579704 0.00078
          Estimate Std. Error DF t-value p-value Lower 0.95 Upper 0.95
Slope wt<3 -6.560040 1.465563 27 -4.476122 0.00012 -9.567127 -3.552953
Slope 3<wt<4 -1.505090 2.449412 27 -0.614470 0.54405 -6.530868 3.520687
Slope 4<wt -0.983496 1.549031 27 -0.634910 0.53083 -4.161845 2.194854
Change at 3  5.054949 3.049385 27 1.657695 0.10895 -1.201872 11.311771
Change at 4  0.521595 3.120718 27 0.167139 0.86851 -5.881589 6.924778

```

The previous spline is equivalent to the following 'gsp' spline:

```

sp1 <- function(x) gsp(x, c(3,4), c(1,1,1), c(0,0))

fits <- lm(mpg ~ disp + sp1(wt), mtcars)
summary(fits)

```

```

Call:
lm(formula = mpg ~ disp + sp1(wt), data = mtcars)

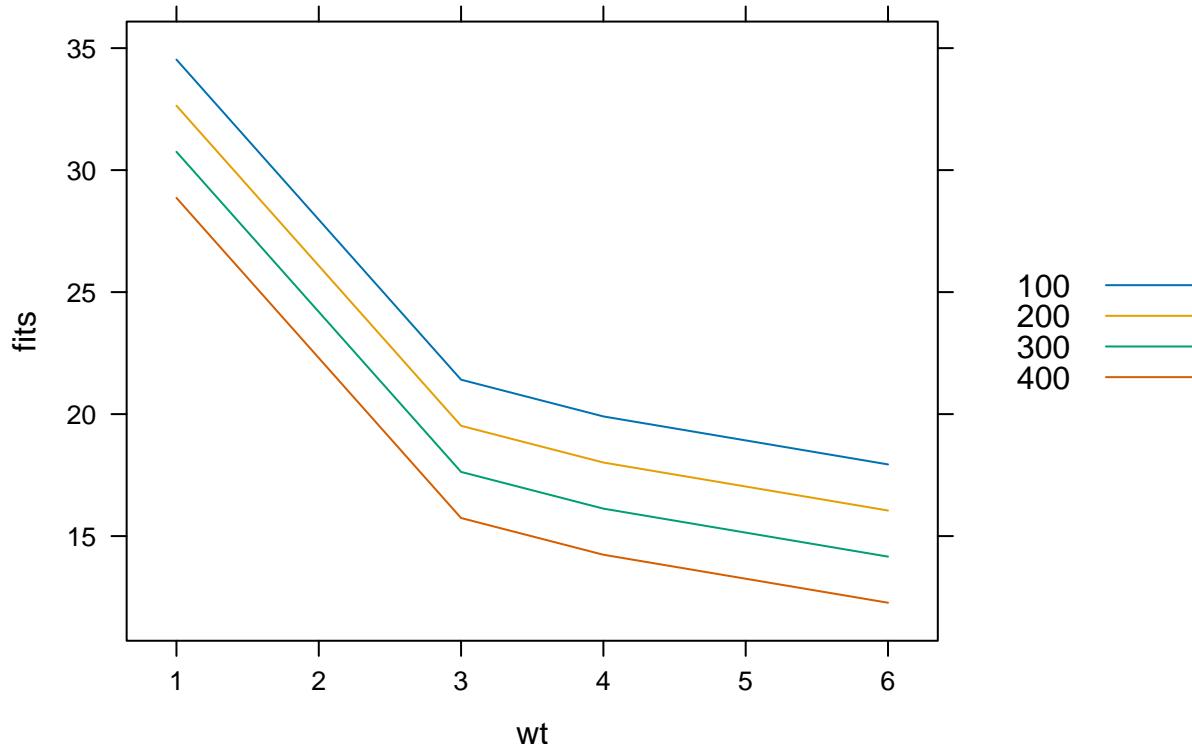
Residuals:
    Min      1Q  Median      3Q     Max 
-3.0400 -1.6780 -0.7629  0.8295  5.3393 

Coefficients:
            Estimate Std. Error t value Pr(>|t|)    
(Intercept) 42.97993   3.25485 13.205  2.7e-13 ***
disp        -0.01890   0.00834 -2.266  0.031701 *  
sp1(wt)D1(0) -6.56004   1.46556 -4.476  0.000124 *** 
sp1(wt)C(3).1  5.05495   3.04939  1.658  0.108955  
sp1(wt)C(4).1  0.52160   3.12072  0.167  0.868506  
---
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

Residual standard error: 2.525 on 27 degrees of freedom  
Multiple R-squared: 0.8471, Adjusted R-squared: 0.8245  
F-statistic: 37.4 on 4 and 27 DF, p-value: 1.213e-10

```

pred <- with(mtcars, pred.grid(wt= seq(1,6,.01), disp = seq(100,400,100)))
pred$fits <- predict(fits, newdata = pred)          # no levels argument since this is 'monolevel'
xyplot(fits ~ wt, pred, groups = disp, type = 'l', auto.key = T)
```



```
car::compareCoefs(fit, fits)
```

```

Calls:
1: lm(formula = mpg ~ disp + wt + plus(wt - 3) + plus(wt - 4), data =
mtcars)
2: lm(formula = mpg ~ disp + sp1(wt), data = mtcars)
```

	Model 1	Model 2
(Intercept)	42.98	42.98
SE	3.25	3.25
disp	-0.01890	-0.01890
SE	0.00834	0.00834
wt	-6.56	
SE	1.47	
plus(wt - 3)	5.05	
SE	3.05	
plus(wt - 4)	0.522	
SE	3.121	
sp1(wt)D1(0)		-6.56
SE		1.47
sp1(wt)C(3).1		5.05
SE		3.05
sp1(wt)C(4).1		0.522
SE		3.121

Fitting a different spline

```
sp2 <- function(x) gsp(x, 4, c(2,1), 1)
fitq <- lm(mpg ~ disp + sp2(wt), mtcars)
summary(fitq)
```

Call:

```
lm(formula = mpg ~ disp + sp2(wt), data = mtcars)
```

Residuals:

Min	1Q	Median	3Q	Max
-2.8311	-1.5000	-0.9477	0.9182	5.6663

Coefficients:

	Estimate	Std. Error	t value	Pr(> t )
(Intercept)	50.495411	4.738387	10.657	2.32e-11 ***
disp	-0.018532	0.007768	-2.386	0.024050 *
sp2(wt)D1(0)	-13.677911	3.067820	-4.459	0.000122 ***
sp2(wt)D2(0)	3.218240	0.905567	3.554	0.001370 **

---

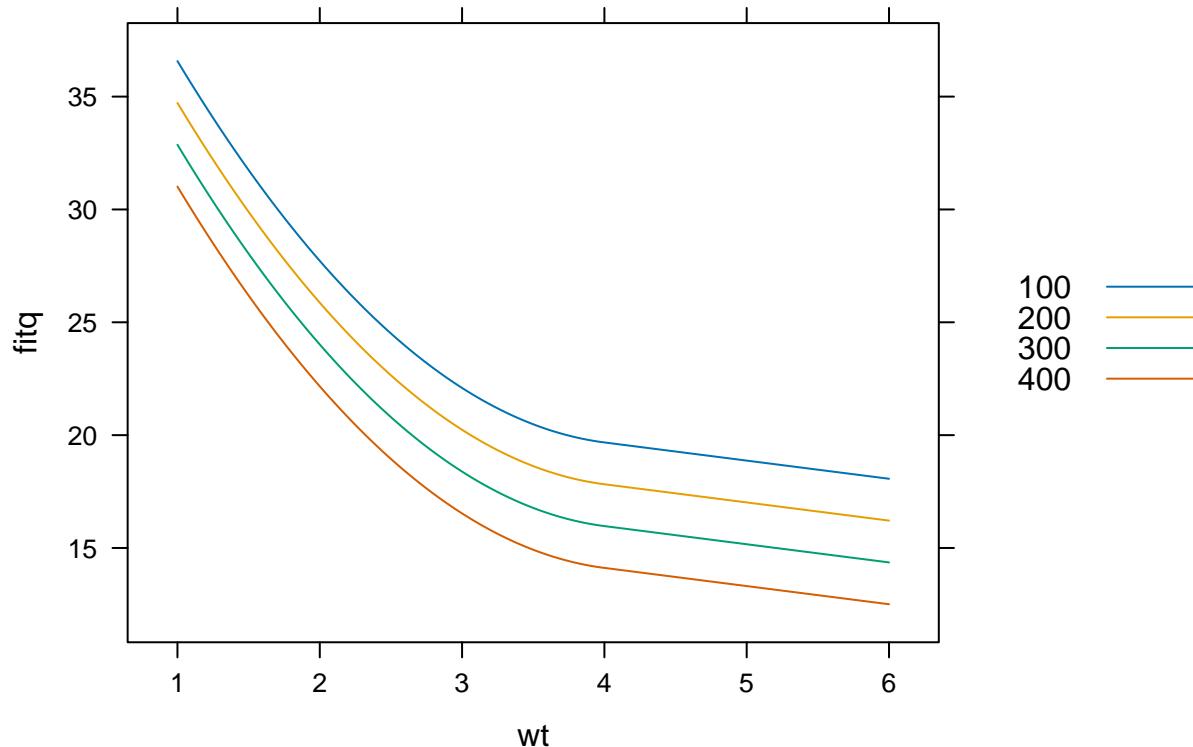
Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

Residual standard error: 2.464 on 28 degrees of freedom

Multiple R-squared: 0.849, Adjusted R-squared: 0.8329

F-statistic: 52.49 on 3 and 28 DF, p-value: 1.284e-11

```
pred$fitq <- predict(fitq, newdata = pred)
xyplot(fitq ~ wt, pred, groups = disp, type = 'l', auto.key = T)
```

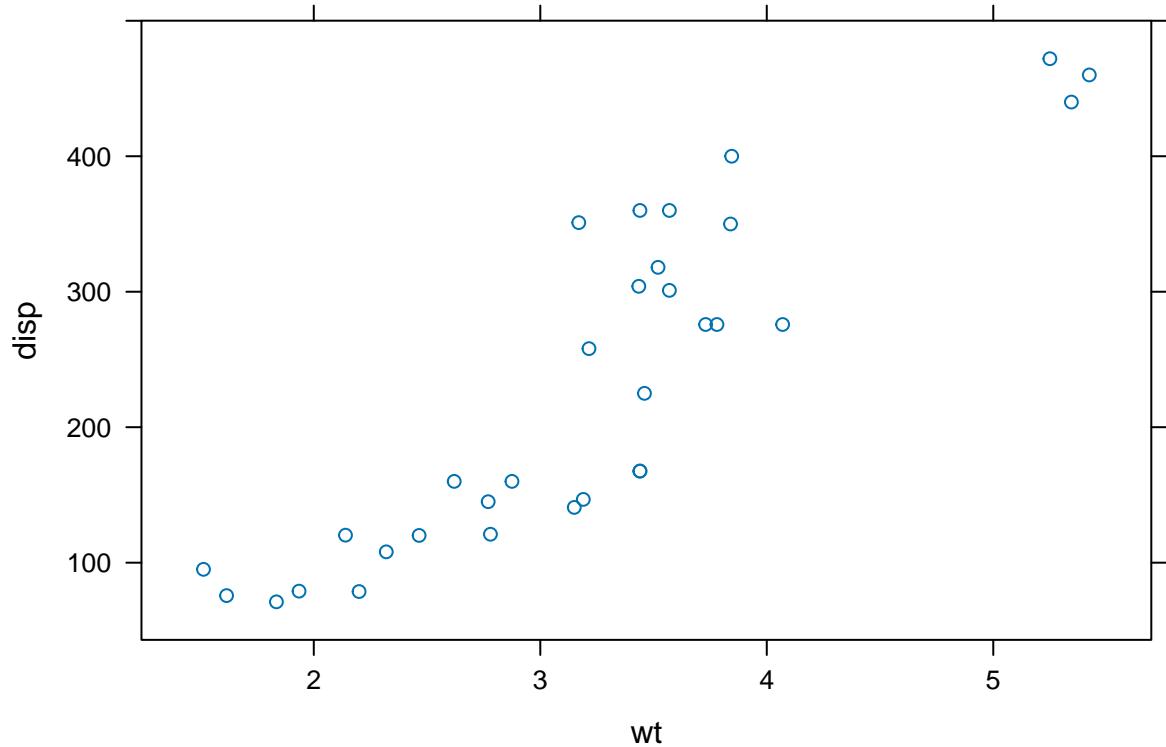


```
AIC(fits, fitq)
```

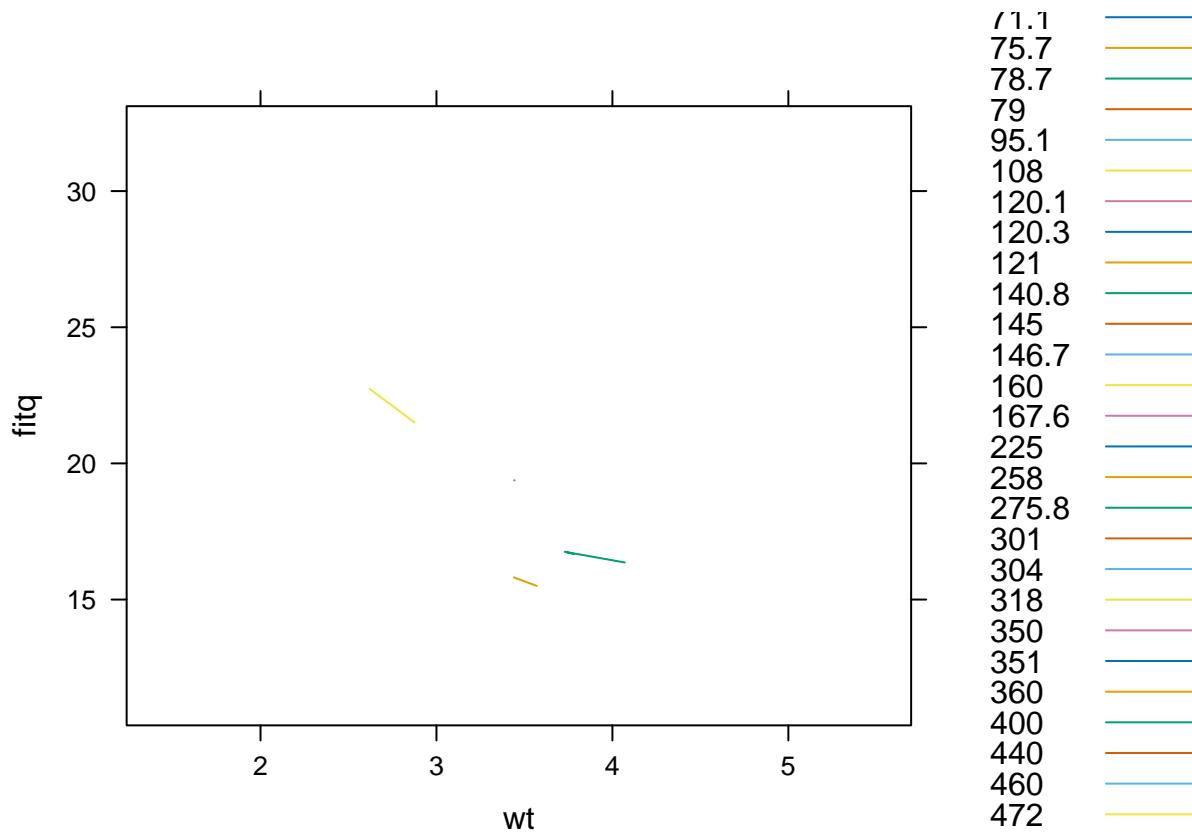
df	AIC
fits	6 156.6588
fitq	5 154.2543

For a more realistic plot that reflects the relationship among predictors, use the original data but might fill in values for continuity

```
mtcars$fitq <- predict(fitq)
xyplot(disp ~ wt, mtcars)
```



```
xyplot(fitq ~ wt, mtcars, groups = disp, type = 'l', auto.key = T)
```



```
library(p3d)
```

Loading required package: rgl

Attaching package: 'p3d'

The following objects are masked from 'package:spida2':

```
cell, center, ConjComp, dell, disp, ell, ell.conj, ellbox, ellplus,  
ellpt, ellptc, ellpts, ellptsc, elltan, elltanc, na.include, uv
```

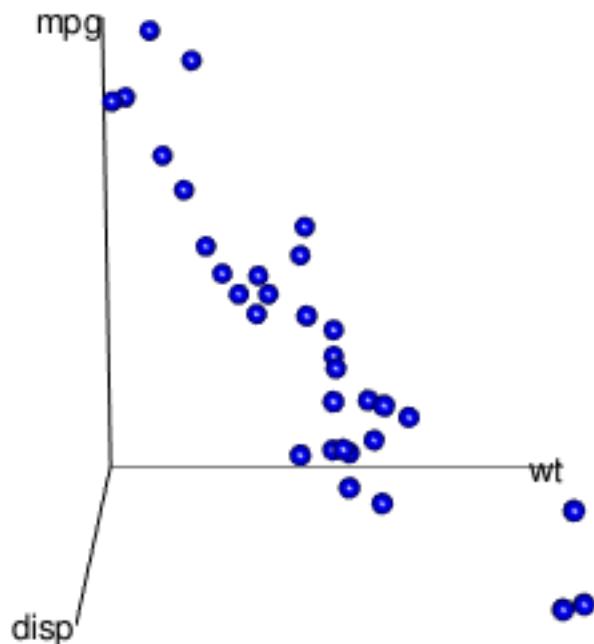
```
Init3d()
```

```
Plot3d(mpg ~ wt + disp, mtcars)
```

Use left mouse to rotate, middle mouse (or scroll) to zoom, right mouse to change perspective

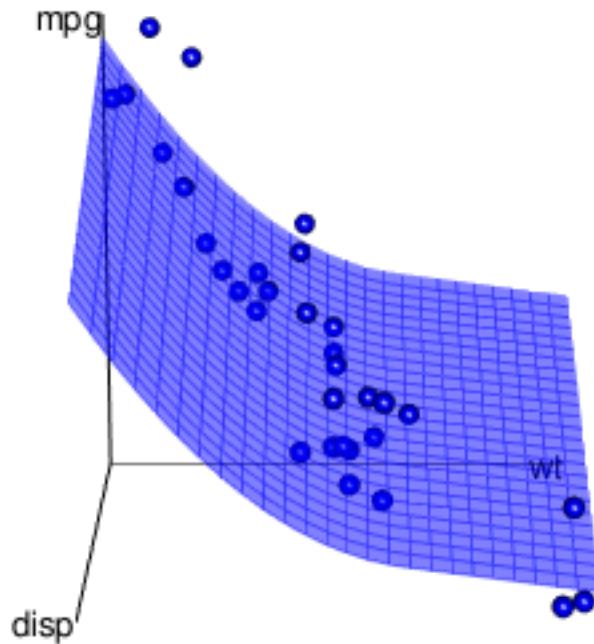
```
rglwidget()
```

Warning in snapshot3d(scene = x, width = width, height = height): webshot =  
TRUE requires the webshot2 package and Chrome browser; using rgl.snapshot()  
instead



```
Fit3d(fitq)  
rglwidget()
```

Warning in snapshot3d(scene = x, width = width, height = height): webshot =  
TRUE requires the webshot2 package and Chrome browser; using rgl.snapshot()  
instead



```
Fit3d(fits, col = 'pink')
rglwidget()
```

Warning in snapshot3d(scene = x, width = width, height = height): webshot = TRUE requires the webshot2 package and Chrome browser; using rgl.snapshot() instead

